



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA
DIPARTIMENTO DI
SCIENZE PER LA QUALITÀ DELLA VITA

Second cycle degrees programmes (LM) in:
Wellness Culture: Sport, Health And Tourism
Wellness, Sport and Health

SEMINARS

AN AGING WORLD MULTISCIPLINARY PERSPECTIVES ON THE SILVER AGE

This seminar's series aims at highlighting the many perspectives and disciplinary knowledge ageing encompasses. Emphasizing the role of wellbeing in physical, biological and psychological dimensions of senescence, the series will offer an overview about the most updated research in the field.

All students are welcome to participate to the following Seminars. Only seminars denoted with * are eligible for the "SEMINARS – 3 CFU" teaching activity of the second year of Wellness Culture: Sport, Health And Tourism.

PROGRAM

17 November | 3.00 pm - 5.00 pm

Prof. Claudio Torres Drexel University, Philadelphia, U.S.A.
Senescence and neurodegenerative diseases *
Virtual Room (Prof. Giorgio Aicardi)

18 November | 1.30 pm - 3.30 pm

Prof. Livia Galletti
Nutrition and Cancer
Virtual Room (Prof. Antonello Lorenzini)

24 November | 3.00 pm - 5.00 pm

Prof. Nina Mohorko, University of Primorska, Slovenia
Stress and energetic metabolism
Virtual Room (Prof. Antonello Lorenzini)

29 November | 3.00 pm - 5.00 pm

Prof. Manuela Zambianchi
The concept of Positive Aging and the contribution of Positive Psychology *
Link will be available at: Prof. Alessia Mariotti Unibo Page
Under the Teaching Activity "67742 – SEMINARS – 3 CFU"

2 December | 3.00 pm - 5.00 pm

Prof. Manuela Zambianchi
Promoting the psychological and social well-being of individuals, groups and communities. The role of Positive Psychology *
Link will be available at: Prof. Alessia Mariotti Unibo Page
Under the Teaching Activity "67742 – SEMINARS – 3 CFU"

In case the link to the seminar does not work, you will be able to attend the seminar by accessing the Professor's virtual room (the same used for online classes). Look for the professor's Unibo webpage (www.unibo.it/sitoweb/name.surname), go on "Teaching"/"Didattica" scroll until you find the course you are attending and click on "online lessons".



PARTNER



LIVIA GALLETTI
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